



Carry on down Bishops Way until left turn onto track emerging onto Little Downham Road. Turn right and follow footpath to opening to Rugby Field on right.

Run clockwise around football pitch to finish in front of football stand.



THE FINISH

Presentations at around 2.30 pm. In Football clubhouse.

Spectators entry to City of Ely Sports field and finish. Car Park, changing, showers, massage, Bar & refreshments.



CB6 2SH

March Athletic Club

The Hereward Relay

Sunday 28th November 2010

Stage Four (10.4 m)

Welney to Ely

Important Information.

A warm welcome to all teams who have entered this years Hereward Relay.

You must wear your number on the front of your vest or Tshirt.

The race is run over different terrains, so it is impossible to marshal every corner. Every effort has been made to ensure that indication arrows are in place where necessary, with marshals at all crucial junctions.

All runners and supporters are asked to take care. There are many vantage points along the route to see the runners.

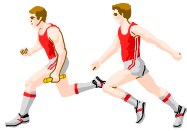
Cross all roads with care and give way to traffic where necessary. Take notice of instructions from marshals and police. When finishing your stage make sure your number is visible and stay in order until you receive your horsebrass.



Stage organiser Stephen – 07809 299 174

**ANY STAGE 4 RUNNERS STILL AT WELNEY
WILL LEAVE TOGETHER at 1.15pm.**

**TIMES OF COMPLETED TEAM WILL BE
ADJUSTED.**



PE14 9RB



Leave Welney over the wash, turn right over the bridge. Proceed along road for two miles with bank on the right, passing road junction and Four Balls farm on left.

Immediately in front of small cottage on edge of road, a number of farm houses, turn left down narrow concrete road. Continue on concrete road to road junction.



NEW ROUTE



Don't cross into A Furlong but turn right and go under railway bridge. Turn left at O Furlong and continue into village keeping left.



At bridge turn right

Turn left over footbridge and continue towards Little Downham.



Follow signs bypassing Little Downham to Eagles Lane.



Emerge from Eagles Lane, turn left into Main Road, turn right immediately into Chapel Lane leading to Bishops Way.

