



**Take-over**



Please park in town centre car parks and walk to Manor Leisure Centre. **NO PARKING** in Manor Leisure Centre.

**PE7 1UE**

Toilets, showers and changing at The Manor Leisure Centre.



March Athletic Club

# The Hereward Relay

Sunday 22nd November 2009

## Stage one (6.1m)

Peterborough to Whittlesey

**Important Information.**

*A warm welcome to all teams who have entered this years Hereward Relay.*

**Start 9 am**

**You must wear your number on the front of your vest or Tshirt.**

**The race is run over different terrains, so it is impossible to marshal every corner. Every effort has been made to ensure that indication arrows are in place where necessary, with marshals at all crucial junctions.**

**All runners and supporters are asked to take care. There are many vantage points along the route to see the runners.**

**Cross all roads with care and give way to traffic where necessary. Take notice of instructions from marshals and police.**

**When finishing your stage make sure your number is visible and stay in order until you receive your horsebrass.**



**Stage organiser James – mobile 07711 241 205**



Toilets in Welcome Centre in Cathedral Short Stay Car Park, 400m from start.

The Welcome Centre



PE1 1YX



Start outside Cathedral in shopping area, proceed down street to marshal and turn left. Follow marshals instructions to cross road to embankment. Turn left and follow river, crossing at metal bridge. Follow the Sustran route into Whittlesey.



Follow Stonald Road leaving cycle route, turn right into Low Cross. Cross over the A605 right into Church Street. Continue to the river, turn left immediately over the river into Briggate.

Follow the river to the Lock Gates, turn left crossing over bridge and enter the Leisure Centre field, and change-over point.

